



*“True strength lies in our ability to connect in meaningful ways with others. Self compassion, vulnerability and empathy are the pathways to getting there.”*

~ Matt Theodores, Executive Director



Our youth-focused **Reducing Sexism and Violence Program (RSVP)™** is going strong with students in Cape Elizabeth, Portland, and Falmouth already at it! We have lots of work scheduled as we help boys reshape the way they think about masculinity --- with lifelong benefits to them and those around them.

### Sharing our 20 years of experience to reach more youth!



Last week, 20 people from across Maine, New Hampshire, New York, and Canada joined us for our first ever Modern Masculinity Train-the-Trainer Institute. This two days of purposeful work empowered them to use our Reducing Sexism and Violence Program™ to positively impact youth in their communities. Many thanks to these wonderful individuals, the other organizations that are already delivering our programs, and to our many supporters. Together, we are making a difference.

**Want to get notified when our next Training Institute is scheduled?**

**Yes, Keep Me Posted**

**MenConnect:** Another opportunity for men to join the conversation.

#### **What is it?**

Men Connect provides a valued space and opportunity for men to have constructive and contemplative conversations around their experiences of masculinity.

**Date and Time:**



October 12th  
10:30 a.m. - 12:30 p.m.

**Location:**  
Coffee By Design  
1 Diamond Street, Portland, ME

[Learn More and Register](#)

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## Boot Camp for New Dads



**What is it?**  
We're giving expecting fathers tools to care for infants and support their loved ones.

**Locations and Dates**  
Mercy Hospital  
First Saturday of each month

Maine Medical Center  
Third Saturday of each month

[Learn More and Register](#)

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*"By focusing on positive expressions of masculinity, such as the ability to be respectful in relationships, this program helps boys find positive ways to prevent violence and to cope with violence to which they may already have been exposed,"*  
~Victoria Baynard, Rutgers University–New Brunswick

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**We need and appreciate your support. Please donate toward our youth-focused work today!**

[Donate](#)

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For more information, visit our [website](#) or contact us at  
(207) 774-9994 | [info@maineboystomen.org](mailto:info@maineboystomen.org)

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*Follow Maine Boys to Men on Social Media!*

