



DIRECT

Taking action in the moment to address either the instigator or the person being targeted. This does not mean the action is necessarily confrontational.



DIVERSION

Providing a distraction to interrupt the situation (does not necessarily have to be 100% true).



DELEGATE

Getting others involved to help. Could be calling friends to assist, accessing a resource such as a teacher, chaperone, or calling a hotline for advice.



DELAYED

Taking action after the incident. It's never too late to do something. Reaching out to the person targeted later with a statement of support or offer to help.

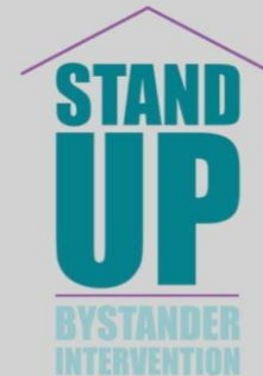


CONNECT

Taking the time to bring others into the conversation rather than pointing fingers and blaming. Practicing empathy to build connection which in turn supports behavior change.

and C!

The 4D's[^] of Bystander Intervention



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