

Support & Safety Information



SEXUAL ASSAULT
RESPONSE SERVICES
OF SOUTHERN MAINE

**Sexual Assault Response
Services of Southern Maine**
Helpline: 1-800-871-7741
SARSSM.org



CRISIS TEXT LINE |

National Crisis Line
Text HOME to 741741 24 hour
support for anyone in crisis



LGBTQ+ Youth Support Line
Text START to 678-678 to
speak with a trained specialist



Maine Crisis Response Services
Helpline: 1-888-568-1112
OpportunityAlliance.org



Teen Support Line
Text TEEN to 839863 before
a problem become a crisis



Domestic Violence Services
Helpline: 1-800-537-6066
ThroughTheseDoors.org



Relationship Support Line
Text LOVEIS to 22522 to chat
about your relationship

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